

# Spiritual Gifts Self-Assessment

For each of the questions that follow, select the number corresponding with the response that most closely matches how you see yourself:

**0 = Rarely True**

**1 = Infrequently True**

**2 = Occasionally True**

**3 = Frequently True**

**4 = Consistently True**

After scoring each question, use the scoring chart to evaluate your results.

1. When presented a goal, I immediately think of steps that need to be taken in order to achieve the desired results. \_\_\_\_\_
2. I express myself through artistic means. \_\_\_\_\_
3. My faith requires me to seek out God's will and purpose in all circumstances that arise in my life. \_\_\_\_\_
4. I am able to convey the Gospel message to non-believers in ways that they are able to easily understand. \_\_\_\_\_
5. I am moved by those who through conflict or sorrow are wavering in faith. \_\_\_\_\_
6. I am certain of the Spirit's presence in my life and the lives of others. \_\_\_\_\_
7. I am blessed by God each day and gladly respond to these blessings by giving liberally of my time and money. \_\_\_\_\_
8. I enjoy meeting new people and becoming acquainted with them. \_\_\_\_\_
9. I know that God hears and responds to my daily prayers. \_\_\_\_\_
10. I feel compelled to learn as much as I can about the Bible and faith. \_\_\_\_\_
11. I am a take-charge person. When others follow my direction, the goal or task will be completed. \_\_\_\_\_
12. When I see a person in need, I am moved to assist them. \_\_\_\_\_
13. I love to sing and enjoy inspiring other through song. \_\_\_\_\_
14. I find joy and express myself by playing a musical instrument. \_\_\_\_\_
15. I am motivated to provide spiritual leadership to those who are on a faith journey. \_\_\_\_\_
16. I like working behind the scenes to ensure projects are successful. \_\_\_\_\_

17. I enjoy working with my hands in a trade or skill that required considerable experience to perfect.\_\_\_\_\_
18. My great joy is to communicate Biblical truth in such a way that it becomes real and understood by others.\_\_\_\_\_
19. When a challenge is presented, I am usually able to identify an appropriate solution.\_\_\_\_\_
20. I am able to take a thought or idea and put it into a clear and inspiring written form.\_\_\_\_\_
21. I enjoy organizing thoughts, ideas, hopes and dreams into a specific plan of action.\_\_\_\_\_
22. I can translate into artistic form what I first see in my imagination.\_\_\_\_\_
23. I have assisted others as they sought to discern whether or not their personal decisions were helpful and in accord with God's will for their lives.\_\_\_\_\_
24. I enjoy being with non-believers and like having the opportunity to encourage them to faith and commitment.\_\_\_\_\_
25. When I know someone is facing a crisis, I feel compelled to provide support and care.\_\_\_\_\_
26. My trust in the Spirit's presence, when I encounter times of personal crisis, is a source of strength for others.\_\_\_\_\_
27. I manage my time and money so that I am able to give much of it to the work of the Church or other organizations.\_\_\_\_\_
28. I am often asked to open my home for small group gatherings or social occasions.\_\_\_\_\_
29. I often become so absorbed in my prayer life that the door bell or phone can ring and I will not hear it.\_\_\_\_\_
30. Not one day would be complete without Biblical study and thought.\_\_\_\_\_
31. When I am in a group, others will often look to me for direction.\_\_\_\_\_
32. I feel an urgency to provide housing for the homeless, food for the starving, comfort for those in distress.\_\_\_\_\_
33. I have sung before groups and felt a real sense of God's presence.\_\_\_\_\_
34. By my playing a musical instrument, inspiration has been provided by both myself and others.\_\_\_\_\_
35. I have responsibility for providing spiritual guidance to an individual believer or group of believers.\_\_\_\_\_
36. People come to me for help in applying Christian faith and values to personal situations.\_\_\_\_\_
37. I am good at building, repairing, or restoring things and find satisfaction in doing so.\_\_\_\_\_
38. I want to express my faith by assisting others to discover the truths contained in the Bible.\_\_\_\_\_
39. People come to me for help in applying Christian faith and values to personal situations.\_\_\_\_\_ (question repeated intentionally)

40. I often feel moved to write about my thoughts and feelings so others may benefit from them.\_\_\_\_\_
41. I have been successful in organizing, directing and motivating people to achieve a goal.\_\_\_\_\_
42. My artistic work has given spiritual strength to both believer and non-believer.\_\_\_\_\_
43. In the congregation, I am often asked if a direction being discussed is in accord with God's will and purpose.\_\_\_\_\_
44. I do not find it difficult to share what Jesus means to me with non-believers.\_\_\_\_\_
45. Those who are struggling with life questions have come to me for guidance and help.\_\_\_\_\_
46. I believe God will keep His promises in spite of present circumstances.\_\_\_\_\_
47. When I receive money unexpectedly, one of my first thoughts is to share this gift though the Church.\_\_\_\_\_
48. I enjoy welcoming guests and helping them to feel at ease.\_\_\_\_\_
49. Believers have asked me to pray for healing in their lives, and have evidenced God's healing power.\_\_\_\_\_
50. My study of the Bible has proven helpful to others in their faith journey.\_\_\_\_\_
51. People have said they like to work with me because the task will be successfully completed.\_\_\_\_\_
52. People have been surprised by how at ease I am while working with those who are suffering in mind, body or spirit.\_\_\_\_\_
53. I am grateful and humbled that my singing has provided inspiration and hope for others on their faith journey.\_\_\_\_\_
54. Others have told me they were moved by my playing a musical instrument.\_\_\_\_\_
55. People have come to me for spiritual help and it has developed into a long-term relationship.\_\_\_\_\_
56. When I turn out the lights, take tables down, work in the kitchen or put chairs away, I feel that I have served the Lord.\_\_\_\_\_
57. My knowledge of building, maintenance or repair has been a special value to the church and others.\_\_\_\_\_
58. Students have told me that I can take the most difficult idea or concept and make it understandable.\_\_\_\_\_
59. When direction is needed at work or in the congregation, I am generally asked for my opinion.\_\_\_\_\_
60. My written work has been helpful to others in understanding life's truths.\_\_\_\_\_

Now that you have a score for each question, use the following chart to add up the total for each of the 3 columns:

QUESTION NUMBER:				GIFT/MINISTRIES:
1	21	41	Total	Administration
				Finance Council, Office Help, Liturgy Commission, Catechetical Commission, Religious Education: Vacation Bible School Coordinating, St. Francis School office, Building Committee, Stewardship Committee, Development Committee, Catholic Charities: Thrift Store
2	22	42	Total	Artistry
				Religious Education: Vacation Bible School, Liturgy Commission, Church historian, Event planning
3	23	43	Total	Discernment
				Social Concerns Commission, Pastoral Council, Welcoming Ministry
4	24	44	Total	Evangelism
				Evangelization Committee, Visitadores por Cristo, One to One Ministry
5	25	45	Total	Exhortation
				Homebound Eucharistic Ministry, Ministry of the Sick: Hospital Visits, Ministry of the Sick: Convalescent Home Visits, Ministry of the Sick: Behavioral Health Ward Hospital Visits, Ministry of Consolation, Jail Ministry, Grief Share
6	26	46	Total	Faith
				Eucharistic Adoration, Stewardship Committee, Parish Bible Study/Reflexion Biblica Dominical, Grupo de Oración, Women's Ministry Guild, Guadalupeños, Queen of Peace, Quinceñeras, Legion of Mary, Infant Baptism, Inquiry, Liturgy of the Hours, Praise and Worship Mass, Secular Franciscan Order

7	27	47	Total	Giving
				Development Committee, Stewardship Committee, Lay Witness
8	28	48	Total	Hospitality
				Hospitality Ministry (Greeter, Usher), Small Faith Group Host, Women's Retreat, Men's Retreat, Women's Ministry Guild, Men's Ministry
9	29	49	Total	Intercession
				Eucharistic Adoration, Prayer Group, Legion of Mary, Queen of Peace
10	30	50	Total	Knowledge
				Parish Historian, Pastoral Council, Parish Bible Study/Reflexion Biblica Dominical
11	31	51	Total	Leadership
				Committee Chairperson (any committee), Girl Scouts, Boy Scouts, Cub Scouts
12	32	52	Total	Mercy
				Homebound Eucharistic Ministry, Ministry of the Sick: Hospital Visits, Ministry of the Sick: Convalescent Home Visits, Ministry of the Sick: Behavioral Health Ward Hospital Visits, Ministry of Consolation, Jail Ministry, Grief Share, Hands of Christ (community helping, driving), Social Concerns Commission, St. Peregrine's (SPAN), Monday Night Soup Kitchen, St. Vincent de Paul, Jail Ministry, Sack Lunch Ministry, Catholic Charities: Emergency Services, Justice for Immigrants

13	33	53	Total	Music-vocal
				Choir, Cantor, Vacation Bible School Music Leader, Praise and Worship Mass
14	34	54	Total	Music-instrumental
				Choir pianist, Special Event Music, Organist, Vacation Bible School Music, Sunday liturgy musician, Praise and Worship Mass
15	35	55	Total	Pastoring
				Bible study leader, Young Adult Ministry, Youth Ministry, Ministry of Consolation, Culture of Life, Couple's Ministry, Marriage Preparation, Marriage Encounter, Justice for Immigrants, One to One Ministry, Vocations Support Group
16	36	56	Total	Service
				Altar Server, Eucharistic Minister, Technology Ministry: computers, sound system, Child Care, Maintenance Help, Transportation to Mass, Parish Festival, Altar and Rosary Society, Ministry of Consolation, Wedding Coordinators, Knights of Columbus, Monday Night Soup Kitchen, Single Again, Sacristan, Sack Lunch Ministry, Translation team, Altar Cleaning Ministry, Catholic Charities: Thrift Store, Lector at Mass
17	37	57	Total	Skilled Craft
				Maintenance Help, Electrical/Masonry/Plumbing/Roofing, Mechanical, Computer/Audio/Visual repairs
18	38	58	Total	Teaching
				Vacation Bible School, Adult Education: Missions/Days of Recollection, etc., Adult Education: Special Education, Parish Bible Study/Reflexion Biblica Dominical, Religious Education: Elementary and Middle School Sacramental Preparation (Penance and Eucharist), High School Confirmation preparation, Special Needs, Home Schoolers, Cursillo, Children's Liturgy of the Word, Seeds, RCIA, Christian Initiation of Children, Family Faith Formation, Inquiry, Marriage Preparation, Infant Baptism Preparation

19	39	59	Total	Wisdom
				Youth Ministry, Marriage Preparation, Marriage Encounter, Young Adult Ministry
20	40	60	Total	Writing
				Newsletter contributor, Public Relations/Advertising, Event promotion, Translation team

Now look at those with the highest total score. These are your strongest gifts.

What gifts have you been blessed with? Reviewing your highest scores while seeking the Holy Spirit's guidance in prayer will help you evaluate the gifts and how you can use them.